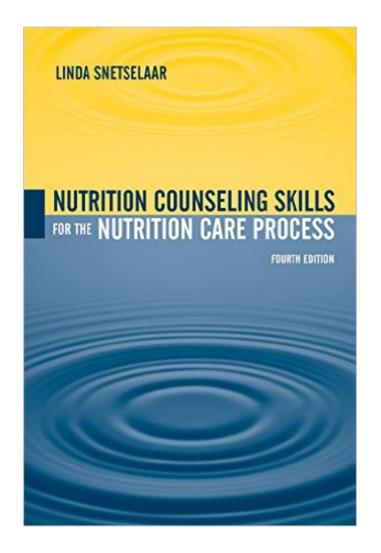
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Nutrition Counseling Skills For The Nutrition Care Process





Synopsis

Through appropriate counseling and intervention, nutritionists play an important role in encouraging clients to make and maintain dietary changes. Nutrition Counseling Skills for Medical Nutrition Therapy provides the latest counseling theory and communication techniques for clinical and community settings. The Fourth Edition focuses on tailoring intervention strategies to a clientâ [™]s dietary needs through effective interviewing, assessing, and counseling. This revision of a popular text addresses nutrition counseling for conditions such as obesity, heart disease, diabetes, renal disease, hypertension, cancer, eating disorders, and pregnancy.

Book Information

Paperback: 494 pages Publisher: Jones & Bartlett Learning; 4 edition (July 3, 2008) Language: English ISBN-10: 0763729604 ISBN-13: 978-0763729608 Product Dimensions: 6 x 1 x 9 inches Shipping Weight: 1.5 pounds (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars Â See all reviews (2 customer reviews) Best Sellers Rank: #138,945 in Books (See Top 100 in Books) #27 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Diet Therapy #68 in Books > Medical Books > Allied Health Professions > Diet Therapy #79 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nutrition

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It was an informative book.

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